



FAMILY BEACH VACATION PACKING LIST & PREP TIMELINE

Clothing & Accessories (Per Person)

- 3-4 Swimsuits
- 2-3 Casual Daytime Outfits
- 2 Dinner/Outing Outfits
- 1 Rash Guard or Beach Cover-Up
- 1 Lightweight Sweater or Hoodie
- Flip-flops or Sandals
- Water Shoes (Optional)
- Hat + Sunglasses
- Pajamas

Beach Gear

- Beach Towels (1 per person + 1 extra)
- Beach Blanket or Mat
- Sand Toys & Buckets
- Floaties or Life Jackets
- Beach Chairs & Umbrella (if needed)
- Cooler Bag + Ice Packs
- Refillable Water Bottles
- Snacks & Lunch Containers
- Wet/Dry Bag or Plastic Bags
- Baby Powder (for sand removal)
- Waterproof Phone Case



Toiletries

- Reef-safe Sunscreen
- Aloe Vera or After-Sun Lotion
- Lip Balm with SPF
- Toothbrush, Toothpaste, Floss
- Shampoo, Conditioner, Body Wash
- Leave-in Conditioner/Detangler
- Brush, Hair Ties
- Deodorant
- Bug Spray
- Diapers & Wipes (if applicable)

Entertainment & Extras

- Tablets + Chargers + Headphones
- Pre-downloaded Movies/Shows
- Books or E-Readers
- Coloring Books, Toys, Games
- Bluetooth Speaker
- Card Games
- First Aid Kit
- Sound Machine/Night Light
- Travel Documents & IDs

Travel Day Essentials

- 1 Outfit + Swimsuit in Carry-On
- Snacks, Refillable Water Bottles
- Wet Wipes, Sanitizer
- Travel-Sized Sunscreen
- Zip Pouch for Documents
- Entertainment for Kids
- Power Bank

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Prep Timeline



3-5 Days Before:

- Do Laundry
- Confirm Reservations
- Check Weather Forecast
- Finalize Packing Lists

1-2 Days Before:

- Charge All Devices
- Download Maps, Movies, Docs
- Pack All Luggage
- Refill Travel Toiletries
- Clean Out Fridge, Take Out Trash

Travel Day:

- Dress in Layers
- Double-Check Documents
- Grab Day Bag & Snacks
- Do One Last House Walkthrough

